

Summer 2016

CaringKind

We are pleased to update you on new developments which have occurred over the last few months. On December 1, 2015 we left the National Alzheimer's Association to return to our roots as an independent NYC charity focused on care and support for individuals and families affected by Alzheimer's disease or a related disorder. And on March 1, 2016 we publically rebranded as CaringKind. With more than 30 years of experience developing and implementing innovative, creative and leading-edge caregiving initiatives, CaringKind provides an unprecedented platform of programs helping New York's entire Alzheimer's community to care with confidence. CaringKind is the heart of Alzheimer's caregiving. Our name has changed, but our work, our staff, and our free programs remain as before. To learn more about our programs call our 24 Hour Helpline at 646-744-2900.



Palliative Care for People with Dementia:

Why Comfort Matters in Long-Term Care

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The Heart of Alzheimer's Caregiving

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We are also excited to share with you our new publication, *Palliative Care for People with Dementia: Why Comfort Matters in Long-Term Care*, which you can download simply by following this link – <http://www.caringkindnyc.org/palliativecare/>.

This publication describes our work with three New York City nursing homes (Cobble Hill Health Center, Isabella Geriatric Center and The New Jewish Home, Manhattan Campus) to implement care practices for people with advanced dementia, based on the model developed by the Beatitudes Campus in Phoenix, Arizona. This model, called *Comfort Matters*®, has had a profound effect on how we and our partner homes understand the possibility of comfort for people with advanced dementia.

Subscribe For Free Online! caringkindnyc.org/advancingcare

Upcoming Events and Resources

caringkindnyc.org/walk

Manhattan

Riverside Park

Sunday, October 16

Brooklyn

Coney Island Boardwalk

Sunday, September 18

Queens

Flushing Meadows

Corona Park

Sunday, September 25

Staten Island

South Beach

Sunday, October 2



Beatitudes Campus
beatitudescampus.org

For more information,
contact Tena Alonzo at
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or call 602-433-6182

In the absence of a medical cure or effective treatment, families and professional caregivers often retreat, feeling helpless and hopeless. The principles behind this project offer help and the promise that we can make the lives of residents better, as well as the lives of their families and friends, and the lives of the staff who care for them. The practices described here not only help to prevent unnecessary suffering, they also bring the possibility of moments of real pleasure, even when people reach the most advanced stages of dementia.

We are proud to usher in this improved standard of care, and hope these guidelines will provide insight and motivation to you as you work on behalf of people with dementia.

Going forward, we are combining our two newsletters – *ADvancing Care* and *Care ADvocate*, into one: *ADvancing Care*, which will continue to address care for people with more advanced dementia (particularly those in residential care), and will be published quarterly.



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