**PARTNERING TOGETHER**

Has your family member/partner recently been diagnosed with Alzheimer's or Dementia?

How does this impact you?

Dementia doesn’t only affect the person who is diagnosed.

_Partnering Together_ is a small group workshop for spouses/partners or family members who are new to supporting someone with Mild Cognitive Impairment, Alzheimer’s, or another form of dementia.

Meaningful discussions each week focus on the core needs of a ‘care partner’ and will help you adjust to your new situation and supporting role.

Sessions include mind-, body- and soul-enriching activities, and topical discussions including:


**Program Details:**

- 10 weekly, 60-minute virtual sessions (Zoom)
- Small group with 6-8 people
- Complimentary group available for partner living with dementia
- Join a CaringKind Support Group after program completion

For more information, call our Helpline: 646-744-2900 or email: helpline@cknyc.org

This program (valued at $350 per person) is funded through grants, donations, CaringKind Walks, Forget-Me-Not Gala, fundraising events, and other philanthropic efforts. Contributions toward the program’s sustainability are welcome. Participants will be asked to complete questionnaires and share feedback to determine the program’s personal impact and help us improve future offerings.