MEMORY ADVOCATE PEERS (MAP)

The MAP Program at CaringKind, the Heart of Alzheimer's Caregiving CaringKind Early-Stage Services



Have you been recently diagnosed with Mild Cognitive Impairment or dementia?

Are you confused and afraid? Not sure where to go or who to turn to?

MAP can help.

A diagnosis of Alzheimer's Disease or a related dementia can be devastating. You may wonder where to turn or what to do next. The MAP Program at CaringKind pairs you and your care partner to a mentor – a trained volunteer, who has prior experience caring for someone living with dementia.

MAP gives you and your care partner the opportunity to share experiences with someone who "has been through it," learn strategies for living well with dementia, connect to community resources, and access clinical trials and other research opportunities.

With MAP, you can feel empowered to continue to live a life with purpose, dignity, and quality.

Benefits:

- Be heard and supported by a mentor with lived experience.
- Learn about education opportunities and trusted resources.
- Access support and build a network for future needs.
- Discover new strategies and opportunities to live purposefully and with meaning.
- Gain assistance with clinical trials and research participation.



For more information: Call our Helpline: 646-744-2900 or Call Marcia Henne, MAP Program Manager 646-744-2937 or email: <u>mhenne@cknyc.org</u>

www.caringkindnyc.org www.memoryadvocatepeers.org caringkind The Heart of Alzheimer's Caregiving

CaringKind 360 Lexington Avenue, 3rd Floor New York, NY 10017 CaringKind Helpline: 646-744-2900 caringkindnyc.org f /caringkindnyc @@caringkindnyc Formerly known as the Alzheimer's Association, NYC Chapter